# November 2026

Name: _____ Cell no: _____

## *TAKE HOME COOKED MEALS FRESHLY PREPARED ON A DAILY BASIS – HEAT AND EAT*

**PLACE YOUR ORDER BEFORE 10AM - COLLECT BETWEEN 15H00 AND 17H00**

| Day | Meal Choices | Size & Quantity | | | | Total Price |
|---|---|---|---|---|---|---|
| | | Medium | Quantity | Large | Quantity | |
| 2 Nov - Mon | Beef roast with rice and veg of the day | R60 | | R80 | | |
| | Chicken thigh with rice and veg of the day | R60 | | R80 | | |
| 3 Nov - Tues | Beef Goulash on mash with mix veg | R60 | | R80 | | |
| | Sweet and sour pork on mash with braised cabbage and butternut | R60 | | R80 | | |
| 4 Nov - Wed | PUBLIC HOLIDAY | X | | X | | |
| | PUBLIC HOLIDAY | X | | X | | |
| 5 Nov - Thurs | Mac and cheese with bacon and green salad | R60 | | R80 | | |
| | Butter chicken pot pie with gravy and chips | X | | R80 | | |
| 6 Nov - Fri | Spaghetti Bolognaise with pasta salad | R60 | | R80 | | |
| | Chicken kebab on mash with veg | R60 | | R80 | | |
| 9 Nov - Mon | Beef stirfry on rice with spinach and butternut | R60 | | R80 | | |
| | Chicken alfredo with a green salad | R60 | | R80 | | |
| 10 Nov - Tues | Beef prego pasta with roasted veg | R60 | | R80 | | |
| | Soya and honey mushroom chicken fillet, rice, roasted veg | R60 | | R80 | | |
| 11 Nov - Wed | Beef and onion strips on rice with carrots and cheezy brocolli | R60 | | R80 | | |
| | Pork roast, rice, potato bake and roasted butternut | R60 | | R80 | | |
| 12 Nov - Thurs | Pepper steak pot pie with gravy and chips | X | | R80 | | |
| | Chicken trichado , rice, butternut and spinach | R60 | | R80 | | |
| 13 Nov - Fri | Steak strips with mushroom sauce on rice with veg | R60 | | R80 | | |
| | Chicken and avo salad | R60 | | R80 | | |
| 16 Nov - Mon | Savoury mince and cabbage stew on pap with roasted veg | R60 | | R80 | | |
| | Marinated chicken strips on rice with veg | R60 | | R80 | | |
| 17 Nov - Tues | Beef trichado on mash with roasted butternut | R60 | | R80 | | |
| | Chicken a la king on rice with green salad | R60 | | R80 | | |
| 18 Nov - Wed | Beef schnitzel with mushroom sauce, rice and mix veg | R60 | | R80 | | |
| | Pork bangers, mash, gravy, sweetcorn and peas | R60 | | R80 | | |

| Day | Meal Choices | Size & Quantity | | | | Total Price |
|---|---|---|---|---|---|---|
| | | Medium | Quantity | Large | Quantity | |
| 19 Nov - Thurs | Beef Bobotie with yellow rice, butternut and green beans | R60 | | R80 | | |
| | Chicken and mushroom pot pie with gravy and chips | X | | R80 | | |
| 20 Nov - Fri | Mince and sweetcorn bake with rice and sweet potato | R60 | | R80 | | |
| | Chicken stir fry served with noodles, carrots and beans | R60 | | R80 | | |
| 23 Nov - Mon | Mild Beef curry and rice with sambles and potato salad | R60 | | R80 | | |
| | Chicken lasagne with coleslaw | R60 | | R80 | | |
| 24 Nov - Tues | Beef and mushroom stroganoff pasta with coleslaw | R60 | | R80 | | |
| | Chicken Gordon Bleu, rice, sweet potato and cheezy brocolli | X | | R90 | | |
| 25 Nov - Wed | Beef shin and vegetable stew with rice and salad | R60 | | R80 | | |
| | Crumbed pork chop with mash and stirfry | X | | R80 | | |
| 26 Nov - Thurs | Beef and onion pot pie with gravy and chips | X | | R80 | | |
| | Chicken Schnitzel, cheese sauce, rice, butternut and spinach | R60 | | R80 | | |
| 27 Nov - Fri | Steak, wors, pap and chakalaka | X | | R90 | | |
| | Chicken and avo wrap with salad | R60 | | R80 | | |
| 30 Nov - Mon | Beef lasagna with butternut and spinach | R60 | | R80 | | |
| | Creamy chicken and brocolli pasta with green salad | R60 | | R80 | | |

**You can now order through Mr D**

**Please call us for information**

| Meal Choices | |
|---|---|
| Greek Salad | R60 |
| Potato Salad | R60 |
| Chicken Avo Salad | R60 |

Preferred method of payment:

☐ Cash ☐ Credit Card ☐ EFT

**Final Total**

## Collect from Tims Café

Uncle Tim's Centre - 40 High Road, Brentwood Park, Benoni