



August 2026

Name: _____ Cell no: _____

TAKE HOME COOKED MEALS FRESHLY PREPARED ON A DAILY BASIS – HEAT AND EAT

PLACE YOUR ORDER BEFORE 10AM - COLLECT BETWEEN 15H00 AND 17H00

Day	Meal Choices	Size & Quantity				Total Price
		Medium	Quantity	Large	Quantity	
3 Aug - Mon	Beef roast with rice and veg of the day	R60		R80		
	Chicken thigh with rice and veg of the day	R60		R80		
4 Aug - Tues	Beef lasagna with butternut and spinach	R60		R80		
	Butter chicken curry and rice, sweet potato and sweet carrots	R60		R80		
5 Aug - Wed	Beef Goulash on mash with mix veg	R60		R90		
	Pork neck steak, savoury rice and roasted veg	R60		R80		
6 Aug - Thurs	Pepper steak pot pie with gravy and chips	×		R80		
	Chicken Schnitzel, cheese sauce, rice, butternut and spinach	R60		R80		
7 Aug - Fri	Curry mince and rice with coleslaw	R60		R80		
	Creamy chicken and broccoli pasta with green salad	R60		R80		
10 Aug - Mon	PUBLIC HOLIDAY	×		×		
	PUBLIC HOLIDAY	×		×		
11 Aug - Tues	Beef and mushroom stroganoff pasta with coleslaw	R60		R80		
	Chicken stir fry served with noodles, carrots and beans	R60		R80		
12 Aug - Wed	Mac and cheese with bacon plus a green salad	R60		R80		
	Sweet and sour pork on rice with roasted veg	R60		R80		
13 Aug - Thurs	Beef and veg stew on rice with coleslaw	R60		R80		
	Soya and honey mushroom chicken fillet, rice, butternut and spinach	R60		R80		
14 Aug - Fri	Spaghetti Bolognese with potato salad	R60		R80		
	Chicken kebab on mash with spinach and butternut	R60		R80		
17 Aug - Mon	Beef trichado on mash with roasted butternut	R60		R80		
	Lemon and herb chicken fillet with rice and veg	R60		R80		
18 Aug - Tues	Cheddar melt beef schnitzel, rice, carrots and green beans	R60		R80		
	Spicy curry chicken liver pasta and salad	R60		R80		

Day	Meal Choices	Size & Quantity				Total Price
		Medium	Quantity	Large	Quantity	
19 Aug - Wed	Beef prego pasta with a potato salad	R60		R80		
	Pork bangers and mash with peas	R60		R80		
20 Aug - Thurs	Beef stirfry on rice with green beans and butternut	R60		R80		
	Chicken and mushroom pot pie with gravy and chips	×		R80		
21 Aug - Fri	Boerewors and chicken thigh with pap and chakalaka	×		R80		
	Chicken alfredo with a green salad	R60		R80		
24 Aug - Mon	Beef Bobotie with yellow rice, pumpkin and beans	R60		R80		
	Chicken a la king on rice with green salad	R60		R80		
25 Aug - Tues	Spaghetti and meat balls in rich tomato sauce with veg	R60		R80		
	Chicken trichado, rice, butternut and spinach	R60		R80		
26 Aug - Wed	Mac and cheese with bacon plus a coleslaw	R60		R80		
	Crumbed Pork chop with rice, baby potato and pumpkin fritters	R60		R80		
27 Aug - Thurs	Cottage pie with butternut and spinach	R60		R80		
	Chicken Gordon Bleu, rice, sweet potato and cheesy broccoli	×		R90		
28 Aug - Fri	Mince and sweetcorn bake with rice and sweet potato	R60		R80		
	Chicken fillet topped with spinach and cheese on rice with salad	R60		R80		
31 Aug - Mon	Beef curry and rice with sambles	R60		R80		
	Chicken lasagne with coleslaw	R60		R90		

Meal Choices	
Greek Salad	R60
Potato Salad	R60
Chicken Avo Salad	R60

Preferred method of payment:

☐ Cash ☐ Credit Card ☐ EFT

Final Total

Collect from Tims Café

Uncle Tim's Centre - 40 High Road, Brentwood Park, Benoni